

# ***The Seven Key Spiritual Awakenings***

by Thomas Razzeto

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Here's a list of what I consider to be the seven most significant spiritual awakenings. Since I have written about most of them throughout my book and free essays, I have little to add here. But nevertheless, I did want to make a list of them.

Please note that we call these awakenings "awakenings" since they seem to happen suddenly and yet they are never instantly complete, just like waking up in the morning. These awakenings always have a period of deepening, and this deepening can last years or even lifetimes. During this time, these concepts are transformed from mere ideas into a living truth that shines within your soul.

So with that in mind, here is my list.

## **1) You have a soul.**

This can be revealed by the study of certain experiences such as Out-of-Body Experiences (OBEs), conscious memory of past lives, communication with spirits, and Near-Death Experiences (NDEs). Some of this study can be in the form of your direct, personal experience. I don't write much about these subjects since there are many excellent authors who offer fascinating books on all of these topics.

## **2) You exist fundamentally as Source-Awareness, not as a body or even as a soul. This is your True Self.**

## **3) There is only One Awareness, the One that is looking out of everyOne's eyes.**

## **4) This Awareness arises as each and every thing it is aware of, hence the term "Source-Awareness" (God).**

I wrote about the above three awakenings in this essay:

### **The Loving Heart of Enlightenment**

A summary overview of spiritual awakening in simple, clear English

<https://infinitelymystical.com/essays/the-loving-heart-of-enlightenment.html>

## **5) There is a difference between Awareness and consciousness.**

In one way, consciousness is like a window through which the One Awareness looks. See the section titled "What Is Personal Consciousness?" in my free essay titled "What is Enlightenment?" for more about this. Here's the link:

### **What Is Enlightenment?**

<https://infinitelymystical.com/essays/what-is-enlightenment.html>

**6) Your outer circumstances have no power over your inner emotional state of being. You can choose to be happy and at peace at every moment.**

This is what the Buddhists call “detachment” but that is a very misunderstood word. You are not emotionally uninvolved with the world. Instead, you are fully engaged in life and you let all your emotions arise naturally while dwelling in a Divine Bliss that is deep enough to hold all human emotion. You are available to express kindness and compassion at any time, with anyone, including yourself. More here:

**How to Let Go of Fear and Worry**

<https://infinitelymystical.com/essays/how-to-let-go-of-fear-and-worry.html>

... and here:

**Mystical Optimism: How to Glow with the Flow!**

<https://infinitelymystical.com/essays/mystical-optimism.html>

**7) The core beliefs, emotions and actions of each person create the experiences and circumstances of that person.**

Many of us have heard the phrase “you create your own reality.” In a general sense, you (as a soul) can incarnate in every way imaginable yet you have chosen a certain theme to explore in this life. What is most helpful now is releasing your unnecessary limiting beliefs about yourself, the world, and how you fit into it. Then you will be free to joyfully explore your chosen theme and put your values of kindness and compassion spontaneously into action with an aliveness that cannot be matched! Much of my book is about conscious creation. You can read more here:

**Conscious Creation**

How to create your life in harmony with your soul and God

<https://infinitelymystical.com/essays/conscious-creation-essay.html>

... and here:

**Seth: “You create your own reality!”**

And why I make a distinction between Seth and “The Secret”

<https://infinitelymystical.com/essays/seth-you-create-your-own-reality.html>

*All of these awakenings work together to polish up the person so that it can be used more effectively by the One Self of all apparent selves to share the One Love of God with everyOne.*

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As you take your time to ponder what I offer, perhaps you will begin to see why I like to say:

*You are the mountains, you are the rivers, you are the sea. You are the sky, you are the sun, you are the moon. You are all of created reality and yet you are none of that fundamentally.*

*Fundamentally, you are pure Awareness, Source-Awareness, the Divine Source of everything.*

*You are the dream and you are the Dreamer.*

As you can see, I offer plenty of free essays that present the most important points regarding enlightenment and spiritual awakening. These essays are not teasers. If you enjoy these essays, perhaps you will be inspired to check out my book which might bring you even greater clarity.

I also want to point out that this wisdom unfolds more freely and completely when there is a dynamic two-way conversation between us. This is why I offer various ways for us to interact without any financial barriers. So just pick the way you like and get in touch with me. Our conversation will enrich both of us.

I hope this essay has been helpful for you.

In truth, I honor your divine nature.

Thomas Razzeto

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